



Royal Rangers

Merit Requirements: **Green-Bordered Merit**

FOOTBALL

1. Read a rulebook for the game of football.
2. Read a book about the history of football. List ten things about the history of football that you did not know before reading the book.
3. Draw a diagram of an American football field and identify each part.
4. List ten different rules or penalties in football.
5. Earn a letter or a certificate of participation for football (junior high, high school, city, or an organized club), as a player, manager, or referee.
6. Write a 300-word essay on the history of one outstanding Christian football coach.
7. List ten exercises that condition the body for football competition.
8. In writing, explain where the Pro Football Hall of Fame is located and name a football player who is a Hall of Fame member.
9. Write down the differences between offensive and defensive roles.
10. Interview a coach (preferably Christian) regarding the following items. Include the notes of your interview.
 - a. A winning attitude
 - b. Building character
 - c. Setting a good example and being a good role model
 - d. Physical fitness
 - e. Preparation for the future