



# Royal Rangers

Merit Requirements: **Green-Bordered Merit**

## **DUTCH OVEN COOKING**

**Note:** Prior to beginning this merit, you must complete the Cooking Merit.

1. Write a 100-word essay on the history of cast-iron and Dutch oven cookware.
2. Write a brief description of the differences between a camp Dutch oven and a kitchen Dutch oven.
3. Identify the various cooking accessories useful for Dutch oven cooking and explain their uses.
4. Explain and demonstrate how to clean and care for a Dutch oven.
5. List at least five safe food-handling practices.
6. Identify the number of coals needed to obtain various cooking temperatures.
7. Explain in writing how to properly season a Dutch oven.
8. Prepare a booklet containing recipes for three main dishes, three desserts, and five side dishes.
9. Using Dutch ovens, properly prepare and serve four people a meal containing the following: a main course, two side dishes, and a dessert.