

Girls Only

Sexual Purity

Additional Project Ideas

Take a trip. Take the girls to a jeweler for a lesson on gemstone and fine metal purity. Call ahead and ask if someone would be available to talk to the girls about the importance of purity and clarity in gemstones. While you're there, let the girls look at wedding and engagement rings. Talk to the girls about the importance of maintaining purity and the special bond of marriage.

Practice date. Have the girls each go on a date with a dad, older brother, uncle, grandfather, or other positive male influence. Talk to parents or send a letter home to organize the date, so the girl doesn't have to ask anyone out, but can experience being asked out by her "dad." Make sure the "dad" takes the girl out somewhere special and talk about how a date should treat her.

Daydream. Have the girls write out an essay or narrative about their dream date. Have them think about where they'd like to go, what they'd like to do, who pays, how the date treats her, how the night will end, and what he's like. Have the girls share their dream date with an accountability partner.

Ask around. Have the girls interview several mature, Christian couples about their dating experiences. Encourage the girls to ask about how they met, their first date, what they did right in their dating relationship, and what they could have done better. Have each girl share what she learned or found the most interesting.

Collect evidence. Have the girls compile a list of "worst date" stories from the women around them. This will definitely be good for a few laughs!

Research it. Have the girls research the history of dating etiquette. Take the girls to the library and look up archived magazines and articles. Have the girls discuss the difference between dating in different eras and dating today and what we can learn from older traditions.

Invite a guest. Invite a trusted male speaker (or panel of speakers) in to talk about what guys' intentions are in dating and what girls need to know before they start dating. It might be good to invite a youth pastor, senior pastor, and men from a variety of ages to talk to the girls.

Go shopping. First Thessalonians 4:4,5 (NIV) says, "That each of you should learn to control his [or her] own body in a way that is holy and honorable, not in passionate lust like the heathen, who do not know God." The problem is that we shop at the same stores as the heathen. Unless we all start making our own clothes (which is a viable option) we're still going to have to shop at the mall. So, why not take a trip to the mall and show the girls how to shop with modesty in mind. If you find yourself to be a little trend-challenged, enlist the help of an older girl who consistently dresses modestly.

Resource Ideas

- *Don't Date Naked* by Michael & Amy Smalley, Tyndale, 2005.
- *Wisdom On... Friends, Dating, & Relationships* by Mark Matlock, Youth Specialties, 2008.
- *Technical Virginity* by Hayley DiMarco, Hungry Planet, 2006.
- *And the Bride Wore White: Seven Secrets to Sexual Purity* by Dannah Gresh, Moody, 1999.
- *Dating* by Hayley DiMarco, Hungry Planet, 2008.
- *Your Girl: Raising a Godly Daughter in an Ungodly World* by Vicki Courtney, B&H Publishing Group, 2004.
- *Glamour Girls: A B.A.B.E.'s Guide to Real Beauty* by Andrea Stephens, Baker, 2006.
- *PB&J: Hotness* by Hayley DiMarco, Revell, 2008.
- *Idol Girls* by Hayley DiMarco, Revell, 2007.
- *Sexy Girls: How Hot is Too Hot?* by Hayley DiMarco, Revell, 2006.

Additional Discussion Questions

Discovery #1

- Is sex good or bad?
- When is the right time for sex? Why is it important to stay pure until marriage?
- How do you avoid having sex until marriage?

Discovery #2

- What should your standards be?
- How far is too far?
- Why is modesty important?

Discovery #3

- Why is it so important to wait until marriage?
- Why isn't it enough if you know you love each other?
- What are the possible consequences of having sex before you're married?

Discovery #4

- What is the difference between love and lust?
- What are some characteristics of love? How do you know if you're in love?
- How can you tell if you're dating the person God wants you to marry?

Discovery #5

- What if you're tempted to have sex before you're married?
- What should you do to overcome temptation?
- What are some of the consequences of having sex before you're married?

Discovery #6

- What should you do if you've already made a mistake?
- Does God really forgive everyone?
- If God forgives you, why do you still have to deal with the consequences of your actions?