

Girls Only



Family Relationships



Additional Project Ideas

Talk about it. Have the girls talk with an older person (a grandparent, neighbor, or someone in your church) about what family means to them as they have grown older. Encourage the girls to ask how their relationship with their siblings changed, how their relationship with their parents changed, and how the deaths of family members has affected them?

Keep a journal. Have the girls keep a prayer journal throughout the unit of prayers they pray for their family members. Encourage the girls to pray for specific needs of their family members. Have the girls share with the group as prayers are answered and record the date of the prayers being answered in the journal.

Talk to grandma. Have the girls choose one of their grandparents to interview. Encourage the girls to ask questions about their experiences growing up, what their parents were like as kids, and if the grandparent is a believer, have the girls ask what their experience was coming to the Lord. If girls don't have grandparents, suggest "adoptive grandparents" from within the church.

Give it away. Have the girls create a gift to give to their family. The girls could create a gift for each family member, or prepare a gift to give to the whole family. Have the girls brainstorm ideas that would be good for their individual families or family members. Help the girls come up with ways to pleasantly surprise their family members.

Look back. Have your girls look through the Old Testament for examples of how family members actions affected other family members. Look at the stories of Joseph and his brothers or David and his children. Then, encourage your girls to look back at their grandparents' and parents' choices have affected them and think about how the choices they are making with affect their children.

Family night. Have the girls plan a family fun night. Girls could come up with a family fun night to prepare for her family or you could plan a family fun night as a club. Have the girls brainstorm ideas for fun, cheap or free things to do as a family. Make sure all of the girls will have family members who can attend or arrange to have "adoptive" families come and participate with the girls.

Let's cook! As a club, take a night to prepare a meal that can be frozen and reheated to serve as a meal for the whole family (lasagna or chili work well) – think meal-assembly kitchens (like Super Suppers). Encourage the girls to set the table, serve the meal to her family, and give Mom or Dad the night off from cooking and doing dishes. Make sure you keep in mind food allergies when planning the meal preparation.

Resource Ideas

- *Stupid Parents: Why They Just Don't Understand and How You Can Help* by Hayley DiMarco, Baker, 2006.
- *Not-So-Stupid Parents: Why Your Kids Think You're Weird and How to Prove Otherwise* by Hayley DiMarco, Baker, 2007.
- *Five Conversations You Must Have with Your Daughter* by Vicki Courtney, B&H Publishing, 2008.

Additional Discussion Questions

Discovery #1

- How should you treat your parents?
- Why did God give parents authority over children? Why is it important to obey your parents?
- Why do you have to obey your parents even if they make a mistake? What if you don't agree with them?

Discovery #2

- How should you treat your brothers and sisters?
- What do you argue with your brothers and sisters about the most? How can you avoid those conflicts?
- Do any of the sibling relationships in the Bible remind you of your relationship with your siblings? How? Is that good or bad?

Discovery #3

- What should you do if your parents aren't Christians? Do you still have to obey them? Why or why not?
- What can you learn from 1 Peter about living with non-Christian parents? What can you learn about being surrounded in general by non-Christians?
- Is it ever OK to disobey your parents?

Discovery #4

- What should you do if your family isn't perfect?
- What can you learn from Joseph's family that you can apply to your own family situation?
- What can you do right now to improve your relationship with your family?

Discovery #5

- How can the hurts that have been caused by your family members ever be healed?
- Do you have to forgive your family members if they hurt you? How can you learn to forgive them?
- What does Jesus teach us about forgiveness?

Discovery #6

- Does putting Jesus first mean forsaking my family? How do you balance family life and living for Jesus? Can they coexist?
- What is the Corban principle? Why is it important to spend time with your parents?
- What are some practical ways that you can minister to your family right now?