

Friends Club



Family Life

Additional Project Ideas

Plant some seeds. Plant seeds in soil. Let the girls observe the growth of the plants over the course of the unit. When the plants start to sprout, read 1 Corinthians 3:5-9. Explain that as they try to witness to others, they are planting seeds that someday may result in others finding a new life in Christ. Talk to the girls about the importance of living a godly life for her unsaved family members to see.

Keep a Journal. Have the girls keep a journal throughout the unit of prayers they pray for their family members. Encourage the girls to pray for specific needs of their family members. Have the girls share with the group as prayers are answered and record the date of the prayers being answered in the journal.

Talk to grandma. Have the girls choose one of their grandparents to interview. Encourage the girls to ask questions about their experiences growing up, what their parents were like as kids, and if the grandparent is a believer, have the girls ask what their experience was coming to the Lord. If girls don't have grandparents, suggest "adoptive grandparents" from within the church.

Give it away. Have the girls create a gift to give to their family. The girls could create a gift for each family member, or prepare a gift to give to the whole family. Have the girls brainstorm ideas that would be good for their individual families or family members. Help the girls come up with ways to pleasantly surprise their family members.

Family night. Have the girls plan a family fun night. Girls could come up with a family fun night to prepare for her family or you could plan a family fun night as a club. Have the girls brainstorm ideas for fun, cheap or free things to do as a family. Make sure all of the girls will have family members who can attend or arrange to have "adoptive" families come and participate with the girls.

Let's cook! As a club, take a night to prepare a meal that can be frozen and reheated to serve as a meal for the whole family (lasagna or chili work well) – think meal-assembly kitchens (like Super Suppers). Encourage the girls to set the table, serve the meal to her family, and give mom or dad the night off from cooking and doing dishes. Make sure you keep in mind food allergies when planning the meal preparation.

Resource Ideas

- *Stupid Parents: Why They Just Don't Understand and How You Can Help* by Hayley DiMarco, Baker, 2006.
- *Not-So-Stupid Parents: Why Your Kids Think You're Weird and How to Prove Otherwise* by Hayley DiMarco, Baker, 2007.
- *Five Conversations You Must Have with Your Daughter* by Vicki Courtney, B&H Publishing, 2008.

Additional Discussion Questions

Discovery #1

- Does your family look like any families you know of in the Bible? How?
- How can families bless or help each other?
- How can you be a blessing to your family?

Discovery #2

- How can you learn about God if your parents aren't Christians?
- If your parents aren't Christians do you still need to obey them?
- How can you honor your parents?

Discovery #3

- How can you honor your parents even if they're not Christians?
- How should you treat your family members if they're not Christians?
- How can being obedient be a good witness?

Discovery #4

- How do you know God is with you even through tough times?
- What are some of God's promises that can help you through tough times?
- How can you encourage family members through tough times?

Discovery #5

- What are some ways you can show your family that you appreciate them?
- How can your attitude affect your family?
- Why should you support and honor your family?

Discovery #6

- How can you help your family members better?
- Why is it important to know that we're in God's family?
- How can you focus on storing up treasures in heaven? How do you do that?