

Friends Club



Choices

Additional Project Ideas

Character study. Help the girls choose a Bible character to study. Have the girls outline choices the individual made and how God dealt with their choices. Have the girls share their findings with the group.

Talk about it. Have the girls interview a parent or individual they respect in the church. Have the girls ask about what peer pressure was like when the individual was growing up, how they dealt with it, and what they would do differently now. Have the girls share what they find with the group. (Be prepared with a list of willing mature Christian participants for girls who don't have Christian parents.)

Walk down Romans Road. Teach the girls about Romans Road (or another witnessing technique). Have the girls practice leading one another down the Romans Road and leading in a prayer of salvation.

Hide it in your heart. Have the girls memorize Romans 12.

Tell the story. Have the girls write a "choose-your-own-adventure" story. The girls could write a story individually or collaborate with a small team of other girls. Coordinate with the sponsor of a younger club to have the girls share the story with the younger club.

Look back. Have the girls take a look at their life and pick one choice they've made in their life. Have the girls write a story about how their life would be different if they had made a different choice.

Party it up. Have a "Poor Fashion Choices" night. Bring in some of your old pictures wearing out-of-date fashions. Let your girls dress up – you could have a "Poor Hair Choice" party or a "Poor Fashion Party" and wear out-of-date clothes.

Listen to maturity. Pair each girl with a trusted woman (post-high school or older) within the church. You can meet at church or at another location. Encourage the pair to get to know one another – go out for coffee or do an activity together. Talk to the girls about the importance of getting wise counsel when making big decisions.

Think good thoughts. Have the girls make note cards of verses of that can help the girls make wise choices. The girls can come up with a list of verses on their own that will help guide them in the right direction or use these verses:

Psalm 25:4,5	Galatians 6:7-10
Matthew 5:14-16	Philippians 2:3,4
Matthew 7:13,14	2 Peter 3:9
Luke 9:23,24	

Resource Ideas

- *A Young Woman After God's Own Heart: A Teen's Guide to Friends, Faith, Family, and the Future* by Elizabeth George, Harvest House, 2003.
- *Being a Girl Who Leads* by Shannon Kubiak Primicerio, available at www.gospelpublishing.com.
- *Choose: Steer Wide of Total Stupidity* by Kevin Johnson, Youth Specialties, 2008.

Additional Discussion Questions

Discovery #1

- Think about some of the choices you've made today. How have they affected your day?
- Think about some of the choices you've made in the past year. How have they affected where you're at right now?
- How can you set your priorities to help you make better choices?

Discovery #2

- Why do you think it's so easy to spend time contemplating what you're going to wear, while sometimes it's easier to spend little or no time making big decisions?
- What have you learned from David's choices?
- What happens when you start to make good choices? Does it become easier?

Discovery #3

- Can you think of a situation when someone else made a decision and it impacted your life? How did that make you feel?
- How do the choices we make reflect Christ?
- How can considering others help you make a better choice?

Discovery #4

- Why is it important to have good Christian friends to talk to when making choices?
- How can you help others make wise choices?
- What should you do if you feel like you're not hearing from God?

Discovery #5

- What if you don't feel better after you've confessed?
- Read James 5:16. Why is this important to do?
- There will be consequences for your actions (even after you've confessed). Why bother with confessing?

Discovery #6

- How can you help your friends make the ultimate choice?
- How can making difficult decisions now help you in the long run?
- What kind of choices has Jesus made for you?