



Make ahead of time and share with the children!

ROMANIA

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Polenta

1–2 c. cornmeal
1 qt. water
2 tsp. salt

Bring water and salt to a boil. Gradually add cornmeal while constantly stirring with a whisk. Stop adding cornmeal when the mixture is considerably thick but still liquid.

Simmer for about 10–15 minutes. Be careful, hot mixture will splatter.

Remove from heat. Serve as a side dish.

Makes about 12 half-cup servings.



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