

MEXICO



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MEXICO

ENSALADA DE NAVIDAD (Christmas Salad)

2 small beets, cooked, peeled, and diced
1 large carrot, cooked and diced
1 orange, peeled and chopped
1 apple, peeled and diced
¼ fresh pineapple, peeled, cored, and diced

1 large banana, diced
1 T. lime or lemon juice
3 T. salad oil
½ tsp. sugar
Dash of salt
½ c. unsalted peanuts or almonds
Seeds of ½ small pomegranate

CHRISTMAS RECIPE

Mix the beets, carrot, orange, apple, pineapple, and banana pieces together in a large bowl.

Put the lime or lemon juice, salad oil, sugar, and salt into a screw-top jar. Shake until blended and all the sugar has dissolved. Pour the dressing over the salad and toss well.

Pile the salad into a serving bowl and garnish with the nuts and pomegranate seeds. Refrigerate until well chilled. Serve chilled.

ENSALADA DE NAVIDAD