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Words & Phrases

HEALTHCARE MINISTRIES

Since our featured child is from Tajikistan, we've included words from there. The official language in Tajikistan is Tajik.

ENGLISH	TAJIK
Peace be with you. (a typical greeting)	Assalom.
How are you?	Chumo chi khel?
I'm fine.	Man naghz.
Thank you.	Rahmat.
Where are you from?	Shumo az kujo hasted?
I am from America.	Man az Amriko hastam.

one	yak
two	du
three	se
four	chor
five	panj
six	shash
seven	haft
eight	hasht
nine	nuh
ten	dah

Children's Games

You'll find many similarities among the games of different countries. No matter where they're from, children enjoy the same types of games.

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Lanka (Hacky Sack)

Lanka is a game of skill that uses a piece of sheep's wool sewn into a small piece of fabric with a lead weight attached to it. The wool is thrown into the air. As it falls, it is kicked back up again using the side of the foot. The object is to keep the wool piece from hitting the ground. A player can repeatedly kick it with the same foot or switch from one foot to another.

This game is just like Hacky Sack and usually involves just one player.

Other Tajik Games

Tajik kids love football, skipping, and hopscotch. They also love games that involve chasing. It's very common to see kids playing war games. One of these is called Counter Strike. Kids chase each other around with toy guns that fire little plastic balls.